

Twiningenterprise

mental wellbeing through work

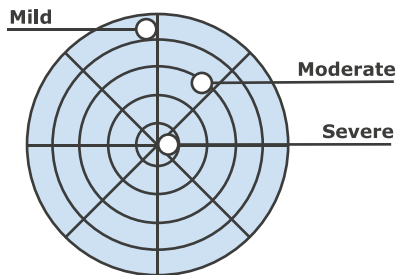
3 Where we offer support

We help clients across London in a variety of settings to support their journey towards a healthy working life.



Who we support

Supporting people across the mental health spectrum who want to work.



2



Why we exist

To help people with mental health problems gain and sustain desired employment that can contribute to living a healthy, meaningful life.

1

What we do and How we do it

We provide support, which:

- ✓ Is integrated with therapy to enhance chances of success
- ✓ Includes a bespoke client assessment and action plan
- ✓ Engages employers based on client goals
- ✓ Provides ongoing developmental support for clients in work



The outcomes 5

We achieve a range of outcomes for individuals and society at large:

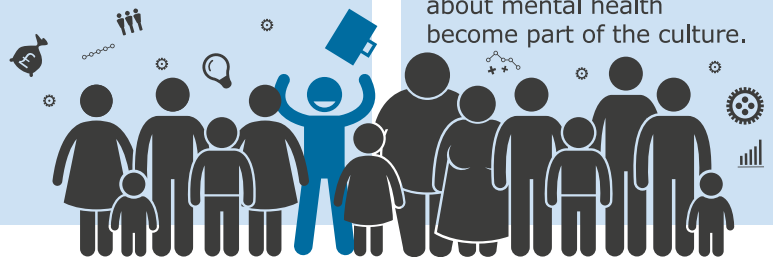
For individuals

Improved mental wellbeing through:

- Long-term, sustained employment
- Increased resilience and self-responsibility
- Sense of purpose and self-empowerment
- Increase in positive conversations about mental health in organisations
- Improved social and family relationships

For society

Reduced spend on benefits and public health services.



For employers

Improved staff wellbeing as positive conversations about mental health become part of the culture.

Our values



People first



Seek solutions



Empower others



Act with integrity



Fairness at work



Connect and collaborate

Supported by

CAN Invest
Driving growth in social enterprise